

FABULOUS!

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"You don't need to be fabulous every day, but what usually happens is once you show up and get everything going on, "you are" Fabulous!"

Quote:

"Success will never be a big step in the future, success is a small step taken just now."

Author: Jonatan Martensson

On those days when it is hard to get going, we cannot be thinking about the long list of things we need to do; instead, we need to get started on **just "ONE" THING!**

Remember: the Tiniest Little Bit of Energy, Creates More Energy!

"ANY" ONE THING WILL DO:

- Get out of bed because you are needed
- Go to work and finish one project
- Go to the gym and ride the bike for only 10 minutes

This gets us out the door!

Then once we get started, we get involved in everything going on, and this gets us energized.

Then we start thinking, as long as I am doing this, I might as well do just a little more... and a little more...

And... before we know it, we are having a Full, Fun and Fabulous day.

*With love,
Tammy Taylor*

Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest.

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."



Tammy Taylor
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