

# Manicure Procedure with Peach Spa products

"Right now is the time to take advantage of the Summer time. Get a Spa Manicure.

*Tammy Taylor*

## "Back to Basics" Tammy Taylor Peach Spa Manicure

Tammy Taylor "Peach" has a soft scent of just picked peaches, slightly tart, fresh & peachy. Peach is our number one signature fragrance; the perfect, light, refreshing fragrance for a Manicure.

### Procedure:

#### "30 minute" Peach Spa Manicure

To do a great Manicure and stay under 30 minutes, you will need to "Focus" on the 3 most important Basics of the Manicure:

- **Soft, Smooth Cuticles** (Section One)
- **Massage** (Section Two)
- **Polish Adhesion** (Section Three)



Tammy Taylor  
CEO, Tammy Taylor Nails

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### Section One

**Steps 1-11 - 10 minutes**

**Focus on Soft, Smooth Cuticles**

1. Squirt a small amount of Tammy Taylor **Peach Spa Anti-Bacterial Soft Soak** into the manicure bowl and add warm water; this will make a warm bubbly soak. Note: Using a pretty glass bowl with clear marbles on the bottom, instead of the plastic manicure bowl, makes the manicure feel extra special.
2. Sanitize your hands and your client's hands, with Tammy Taylor Peach Sanitize-Sanitize-Sanitize.
3. Remove polish with Tammy Taylor Conditioning Peach Polish Remover.
4. File and Shape the nails, using a Tammy Taylor Natural Nail Shaper.  
**(Left hand)**
5. Apply the **Tammy Taylor Peach Spa Creamy Cuticle Remover**, and massage into cuticle area. **(Left hand)**
6. Soak. **(Left hand)**  
Repeat steps 4-6 on the **(Right hand)**
7. Remove hand from soak and towel dry. **(Left hand)**
8. Push back cuticle with an orangewood stick. (Keep nail moist so it does not cause peeling. Add more **Peach Creamy Cuticle Remover** if necessary.)  
**(Left hand)**

9. Wipe off nails with a towel. **(Left hand)**
10. Nip only loose, ragged cuticle. **(Left hand)**
  - Note: Too much nipping can cause hangnails and excess cuticle.
11. Remove from soak. **(Right hand)**

Repeat steps 8-11 on the **(Right hand)**

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## Section Two

**Step 1 - 5 minutes**

**Focus on a Memorable Massage**

1. Massage each hand and arm 2 1/2 minutes each, with **Tammy Taylor Peach Spa Moisture Lotion.**

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## Section Three

**Steps 1-4 - 15 minutes**

**Focus on Prepping the Fingernails and Polishing**

1. Buff nails lightly, only 2-3 strokes, with a Tammy Taylor Clean Finish Buffer. (Both hands)
  - Note: this helps the polish adhere better, extending the life of the manicure
2. Clean off nails using Tammy Taylor Polish Remover or Sanitize.
3. Apply Tammy Taylor Polishes (DBP Free - Toluene Free - Formaldehyde Free Formula)
4. Apply **Tammy Taylor Peach Cuticle Oil**, as a Quick Dry to dry polish and condition cuticles. (Both hands)

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**Total 30 minutes**



### **"Peach Spa Pedicure & Manicure Kit"**

Your Tammy Taylor Back to Basics "Peach Spa Pedicure & Manicure Kit" consists of a professional size of each:

- Peach Creamy Cuticle Remover (4 oz)
- Peach Antibacterial Soft Soak (8 oz.)
- Peach Cuticle Oil (1/2 oz.)
- Peach Moisture Lotion (8 oz.)