

## Pedicure Procedure with AromaSpa products

Back to Basics Tammy Taylor "AromaSpa" Pedicure

Tammy Taylor "AromaSpa" Pedicure Products contain special blends of pure therapeutic essential oils: Rose Hip, Wild Mint, Eucalyptus, Tea Tree and Clove.



**"I have always enjoyed doing Pedicures; and I want to share with you my Amazing "50 minute" Spa Pedicure procedure. There are 3 things your Clients will always remember about your pedicures, and if you "Focus" on these 3 things, you will have more pedicure business than you can imagine."**

***Tammy Taylor***

### **Procedure:**

#### **"50 minute" Spa Pedicure**

To help you Focus on the most important parts of a Spa Pedicure, I have broken the Pedicure down into 3 Sections:

- **Are their feet "Smooth" (Section One)**
- **Was the "Massage" Memorable (Section Two)**
- **Does their "Polish" Last (Section Three)**

**- A little note:** Make sure not to get carried away with the ambiance of a pedicure, and forget about the **3 Basics, the Clients "really want" from their Pedicure.**

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**Section One = 25 minutes**

**Focus on "Smooth" Feet**

**(Pay the most attention to the Callus, Cuticle & Dry Cracked Skin)**

Note: When making a warm footbath, shake some of the "**AromaSpa**" **Energizing Crystals** into the water to soften the skin while soaking.

Steps 1 thru 6 (Both feet)

1. Sanitize with Tammy Taylor Spray Sanitize
2. Remove Polish with Tammy Taylor Polish Remover
3. File Toenails (or clip then file)
4. Apply Tammy Taylor "**AromaSpa**" **Creamy Cuticle Remover**
5. File the Callus using the Tammy Taylor "Foot File" while the feet are dry; this will remove more callus faster with less effort
6. Put feet into water, (while you are letting the feet soak make sure you Educate & Explain 2 or 3 of your Retail Products from your Display)

Steps 7 thru 10 (One foot at-a-time)

7. Remove a foot
8. Push back the cuticle
9. Exfoliate - mix the Tammy Taylor "**AromaSpa**" **Intense Massage Oil** and "**AromaSpa**" **Energizing Crystals** in the palm of your hand to make a paste; then massage onto foot.
10. Put foot back into water and do the next foot.

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**Section Two = 15 minutes**  
**Focus on a Memorable Massage**  
Steps 1 thru 4 (One foot at-a-time)

1. Remove foot and towel dry
2. Spray foot & leg with Tammy Taylor "**AromaSpa**" **Revitalizer Spritz**
3. Massage with "**AromaSpa**" **Intense Massage Oil**
4. Wrap foot and set foot aside  
Do steps 1 thru 4 on other foot

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**Section Three = 10 minutes**  
**Focus on Prepping the Toenails and Polishing**  
Steps 1 thru 3 (Both feet)

1. Buff Toenails with a Tammy Taylor "Clean Finish Buffer"
2. Clean Toenails with Polish Remover or Sanitize
3. Polish Toenails with Tammy Taylor Polishes  
(DBP Free - Toluene Free - Formaldehyde Free Formula)

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Total 50 minutes