

When Things Are Going Bad - It Is Easy To Become Envious...

Did someone you know go on a family vacation recently and you felt like, "how can they afford a vacation in this economy..."

When things are going good, people do not get Envious very easy; but when things are going bad people get Envious really easy.

When Envy starts taking over, people worry about what others have all the time. This makes them even more insecure, because they start thinking they can't compete with the world and they give up. Jealousy and envy is a poisonous emotion; it can ruin your entire day or even your life.

Small Example:

When people are busy and making good money and someone drives up in a new car, everyone thinks it is great and congratulates them; but when people are not busy and not making as much money, then when someone drives up in a New Car they start trash talking about them.



Tammy Taylor, CEO, Tammy Taylor Nails

Instead of trash talking and feeding Envy say:

"I would really like a New Car, I am going to work 5 days a week instead of 3 days a week, to get one."

OR say...

"I am perfectly happy with what I have and I think it is great they got a new car."

No Matter What, Be Happy with Yourself and be Happy for Others!!!

When we see only our weaknesses and only other people's strengths, it is very easy to be envious; but if we could get inside their body and mind for only one day, we would see we are all the same; we all have our weaknesses.

I have always said,

"FOCUS ON YOUR STRENGTHS NOT ON YOUR WEAKNESSES".

We all love to do what we are good at, and the more we FOCUS on what we are good at, the more we excel at it and the more CONFIDENCE we have, the more CONFIDENCE we have the LESS ENVIOUS we are.

"The people who concentrate more on their strengths and what they are good at, are

usually not envious people; because they are concentrating on themselves (what they need to do and what they want) not on anyone else."

But for some reason most people have it backwards: they THINK THEY SHOULD FOCUS ON THEIR WEAKNESSES; this will only cause more insecurity which leads to envy.

When we FOCUS on our weaknesses it is very difficult to excel, and we start getting down on ourselves, making us insecure; and then we start looking around at how good others are doing; ENVY takes over and makes us miserable.

So, know that you have amazing strengths and talents, that no one else has; and when you concentrate only on WHAT YOU CAN DO - NOT WHAT YOU CAN'T DO, you will build your confidence and realize how wonderful you are.

With love,

Tammy Taylor

1 Corinthians 13:4

Love is patient, love is kind. It does not envy, it does not boast, it is not proud.

Tammy Taylor

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