

Your First Instinct...

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Have you ever made a decision where you didn't go with your first instinct...

Quote:

Trust your gut.

Author - Barbara Walters

Have you ever changed your decision just to make someone else happy...

Quote:

Please all, and you will please none.

Author - Aesop

Most of the time our first instinct is correct so why do we doubt ourselves...

And, when we doubt ourselves how often do we end up making the wrong decision...

However, when we go with our first instinct, think of all the good things that come from it.

Quote:

Trusting our intuition often saves us from disaster.

Author - Anne Wilson Schaef

I was thinking about my Blog "Step Back" where I was talking about writing a letter to our younger selves, and I was thinking there were so many times when I was young, I would want to go back and tell my younger self "trust your instincts, go with your first decision".

Quote:

I go by instinct. ... I don't worry about experience.

Author - Barbra Streisand

Now, making important decisions is "not" something "to just do quickly"; we always need to look at the Pro's and the Con's and the effects this decision will make. But our "first" instinct is correct the "majority" of the time.

- #1 When making an important decision, write down what your first instinct was**
- #2 Write down all the good positive things, which will come from your decision**
- #3 Write down any negatives, which will come from your decision (not things you think might happen, only what you know for sure)**

Then you can make your decision, but make "your own" decision!

Quote:

"Most decisions are seat-of-the-pants judgments. You can create a rationale for anything. In the



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*end, most decisions are based on intuition and faith."
Author - Nathan Myhrvold in "The Microsoft Provocateur"*

You know yourself... You know your business... You know your clients..., better than anyone else..., so "trust yourself" and don't second guess your decisions... "You are the one" who will make the best choices "for you".

***With love,
Tammy Taylor***

James 1:5-6 If you need wisdom--if you want to know what God wants you to do--ask him, and he will gladly tell you. He will not resent your asking. But when you ask him, be sure that you really expect him to answer, for a doubtful mind is as unsettled as a wave of the sea that is driven and tossed by the wind.

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