

# FABULOUS!

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**"You don't need to be fabulous every day, but what usually happens is once you show up and get everything going on, "you are" Fabulous!"**

Quote:

*"Success will never be a big step in the future, success is a small step taken just now."*

Author: Jonatan Martensson

On those days when it is hard to get going, we cannot be thinking about the long list of things we need to do; instead, we need to get started on **just "ONE" THING!**

**Remember: the Tiniest Little Bit of Energy, Creates More Energy!**

**"ANY" ONE THING WILL DO:**

- Get out of bed because you are needed
- Go to work and finish one project
- Go to the gym and ride the bike for only 10 minutes

**This gets us out the door!**

Then once we get started, we get involved in everything going on, and this gets us energized.

Then we start thinking, as long as I am doing this, I might as well do just a little more... and a little more...

**And... before we know it, we are having a Full, Fun and Fabulous day.**

*With love,  
Tammy Taylor*

Matthew 11:28-30

"Come to me, all you who are weary and burdened, and I will give you rest.

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."



Tammy Taylor  
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Entrepreneur and Business Owner since

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