

Natural Nails

Step-by-Step Instructions: How to do the “Tammy Taylor Perfect French Manicure”

Step 1- Remove polishes with Tammy Taylor **Conditioning Polish remover**. This is the fastest polish remover you will ever use. Available in 4-fragrances: **Peach, Gardenia, Vanilla & Coconut**.

Step 2- Buff to extend the life of your manicures and to smooth out ridges in the natural nail. I buff lightly with a Tammy Taylor **Clean Finish Buffer**; only 2 to 3 strokes over the entire nail. I do not over buff or the nail will become thin. Lightly buffing makes the natural nail more porous so the polish will adhere better.

Step 3- Shape the free-edges with the Tammy Taylor **Natural Nail Shaper File**. File only the tip of the free-edge; do not file the sides of the nail or the nails will break. Make sure all the free-edges are the same length; using the shortest free-edge as the gauge.

Note: If all your nails are long and one is short, extend it by applying a sculptured nail using Clear or Clear Pink powder to the short nail.

Step 4- Scrub the nails with a plastic manicure brush and the Tammy Taylor **Anti-Bacterial Soft-Soak**. Dry thoroughly. I scrub the nails so they are really clean before I apply polish to help adhesion and extend the life of Tammy Taylor **Perfect French Manicure**.

Step 5- Apply French Manicure Forms: Put on the Tammy Taylor **Perfect French Manicure Form** to use as a guide. This will help get a perfect white smile line at the free-edge. After doing a few Tammy Taylor French Manicures the form isn't necessary because you are use to following the guide and you can do it free-hand. Apply the Tammy Taylor **French Form** to the nail-bed leaving the free-edge exposed. Apply pressure to the form with an **Orangewood stick** so it is sealed on the nail. This will help keep the Tammy Taylor **California French White Polish** from seeping underneath; giving it a perfect white smile line. The **French Manicure Forms** also work on Big Toes when doing pedicures. I would do the little toes free-hand.

Step 6- Apply the Tammy Taylor California French White Polish to the natural nail free-edge. I like to apply 2 coats. The first coat I make the white smile line going from side to side. The first coat is a little thicker so it flows well. Do not go over the form. Only use it as a guide and after doing a few Tammy Taylor **Perfect French Manicures** you will be able to do it free-hand. **The second coat is a little thinner** and I stroke it towards the tip, to fill it in; then I **“cap” the tip** to help the **Perfect French Manicure** last longer. Let the white dry as long as you can between coats, this will help the ‘finished’ **French Manicure** dry quicker without smudges.

Step 7- Let the free-edge dry 1-2 minutes before removing the form so the white smile line is crisp.

Step 8- Clean smile line with the 3-D Nail Art Brush. If there are any little imperfections in the smile lines, clean them up with the Tammy Taylor **3-D Nail Art Brush** dipped in the Tammy Taylor **Conditioning Polish Remover**. “This is a trick I have been doing for over 20 years to clean up polish, while doing manicures and pedicures.” The shape of the Tammy Taylor **3-D Nail Art Brush** is ideal for cleaning the smile line making it the **perfect French manicure tool**.

Note: Pour the Tammy Taylor **Conditioning Polish Remover** into a small dish.

Step 9- Apply one coat of Tammy Taylor California French Pink to entire nail and let dry 1-2 minutes. (Letting polish dry in between coats extends the life of your manicure.)

Step 10- Finish with the Tammy Taylor Z-Coat. A high gloss non-yellowing top-coat. Applying a fresh coat of Tammy Taylor **Z-Coat** every 2-3 days will also help extend the life of your manicure. **Z-Coat** is the Longest Lasting; Shiniest; best top-coat you will ever use over French manicures and color polish on natural nails.

[Link for Tammy's Perfect French Manicure kit](#)